



Association Interdisciplinaire
post Universitaire de Sexologie



Experience of France: Sexual Medicine in the management of sexual violence of Y-Z generations

Dr Marie-Laure GAMET Médecin sexologue
CHRU Lille

Maison des Adolescents
Unité Régionale de Soins aux Auteurs de Violence Sexuelle



Y-Z= generations of communication

- ▶ In France, sexual violences (SV) have slowly appeared as an important issue since the 2000s
- ▶ Explosion of communication around this topic with # metoo . In 2018 , complaints for sexual violence increased of 20% , especially for 20 - 30 years old people (source: french Interior Ministry 2019).

- ▶ Y-Z are very concerned with SV, for 2 reasons:

- ▶ They are involved:

In 2015 , a survey showed that more than 60% of the participants, were victim of sexual violence before their 18th birthday (2015 Virage Study)

30% of the aggressors were underaged 18 (State 4001 SS Ministry of interior affairs 2018)

- ▶ The Y-Z sexuality is socially accepted: in a world of communication, Y-Z claim it, and show it.

Y-Z are the first generations with horizontal sexual socialization, that means dissemination of information and advices about sexuality between them .

Peer to peer communication about sexuality is increasing between young people.

Y-Z = generations of communication

2 consequences :

These generations are sensitive to the well-being notion , including sexual, they're more spontaneous to search solutions to sexual difficulties.

These generations reveal sexual violence more easily

As SV have psychic, somatic and sexual consequences, it is becoming more and more common that it is the sexual consequences that motivate young people to go to sexologists

At the MDA Lille, SV have been the 1st cause of sexual problems of the 11-21 years since 2015.

Y-Z generations can have sexual difficulties, sexologists must think about sexual violence, suffered or acted, for Y and Z generations

Y-Z = generations of communication

French particularity:

Care of SV victims has been insufficiently organized by underestimating the extent of this violence and its consequences.

The psychoanalytic school is omnipresent in mental health, with its dogma: the sexualization of all human relationships.

With 3 consequences:

Denying the reality of sexual violence especially on child or teenager

Limit societal reflections on sexuality and its development

Failing to implement effective prevention by not taking in consideration the concept of sexual health (2016 law)

Y-Z = generations of communication

However this context is beneficial to research , as showed by the increasing role of sexual medicine in the management of SV !

Doctors from other disciplines (general practitioners, gynecologists, emergency physicians, urologists ...) trained in sexology, in different approaches to sexual development (biological, cognitive, social, anthropological ...), or in cognitive-behavioral therapies, systemic, Rodgerian, schemas of Young ... (Gamet 2010, Courtois and Bonierbale 2016)

Objectives: to care for Y Z generations and to know how to reach out to them . They are particularly affected by the terrible consequences of SV and particularly receptive to the therapeutic tools of sexual medicine centered on their sexual development and their sexuality with new perspectives of care for their sexual, somatic and psychic health.

Examples of indications of care in sexual medicine:

Lily 5 years

Transferred to the child protection service for negligence. Cured for behavioral disorders: aggressiveness, fabrications ...

She seems to mimic sexual acts, makes touching on children

Diagnostic Hypothesis: Reactivation of His Fantasies of the Primal Scene and Oedipal

Anna 11 years old- hospitalized for 8 months in child psychiatry.

Diagnosis: serious Psychic destructuretion ,psychotic disorder , aggressive behaviour including sexual acts (children, adults of both sexes).

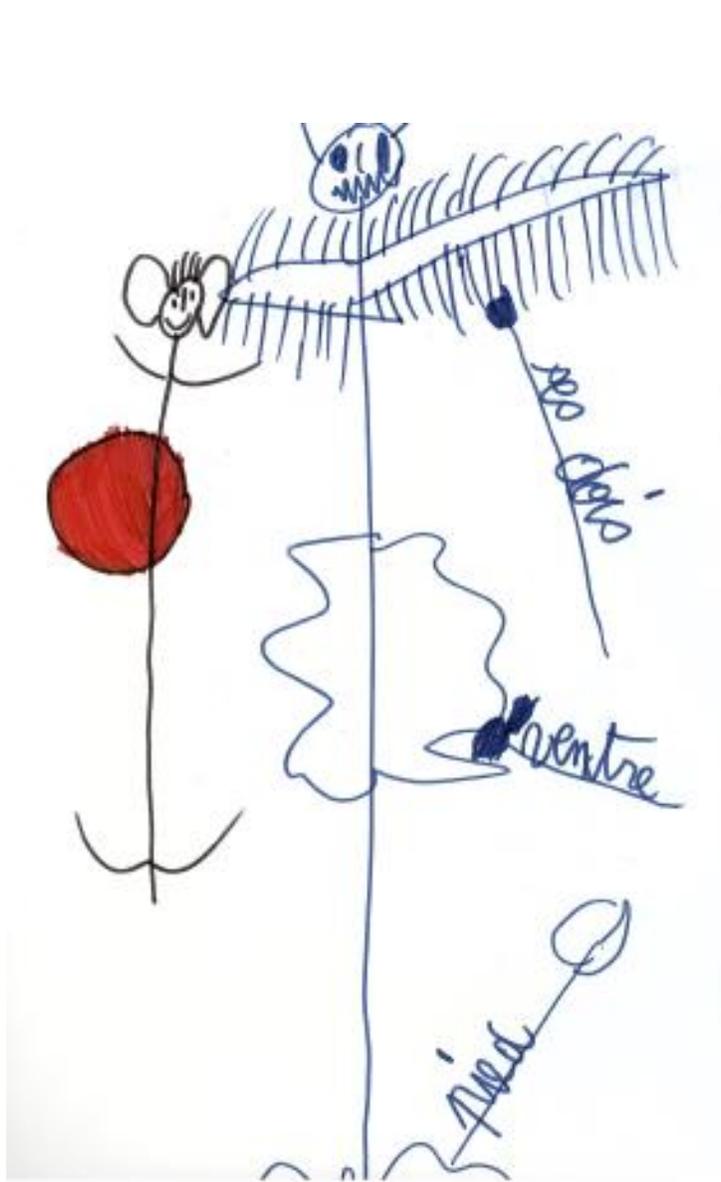
Heavy medication, contention.

Difficult management in psychotherapy

Johan hospitalized at regular intervals in child psychiatry since his 10 years. At 14, he committed several sexual assaults including on adult women.

Great psychic instability with impulsiveness, hetero aggressiveness. Coprophagia and enuresis.

Diagnostic hypothesis: archaic sexual fixation at the anal stage



Drawings of an 8 year old child in 2009

Role of sexual medicine

- ▶ Evaluate sexual development or sexuality
 - ▶ Identify sexual disorders and establish their therapeutic management: sex therapy + pharmacology
 - ▶ in close multidisciplinary cooperation: mental health, somatic health, psychology with all therapeutic tools who have to be thought out, proposed, organized.
 - ▶ In a hollistic approach for the most complex situations in interaction with global care networks (social, educational, judicial)
- 

Care path centered on sexual development in situations of sexual violence

Sexual medicine - CHU Lille

